# Be an inspiration –

# Be a role model –

# Be a mentor!

# You can make a lasting difference in a young person's life by serving as a mentor to a Youth of Promise!

Many youth in our community face overwhelming challenges. Lacking adult guidance, they act out, do poorly in school and get into trouble.

But as a volunteer mentor, you can help a troubled kid stay motivated and focused on his or her education.

Your *consistent, supportive presence is all it takes* to keep a kid on track to fulfill the promise locked inside.

Flintridge Center's **Youth of Promise Mentoring Program** focuses on high-risk, high-need 6<sup>th</sup>-8th graders at Washington Middle School. These are kids with failing grades, high truancy and absentee rates, special learning needs, broken families and/or living in neighborhoods with gangs. But we call them **youth of promise**, because when we believe in and invest in them, they are full of promise.

## What is required?



To be reliable. To listen. To care!

Mentors make a one-year minimum commitment to connect with their mentee for a minimum of five hours a month.

The time can be spent going over homework, playing games, engaging in conversation or enjoying positive activities.

You'll go through a screening process that includes an application, interview, program orientation and reference checks.

Before being matched, you'll attend a training session on the basics of mentoring. Ongoing training and support will be available to you as a mentor throughout the year.

# By transforming a kid's life, you'll transform yours too!



For more information or to apply, contact Ricky Pickens, Director of Prevention & Intervention Services, 626/449-0839, x115 or Ricky@Flintridge.org.



## Flintridge Center's Youth of Promise Mentor Position Description

Youth of Promise mentors provide support to their mentees as they go through the Y.O.P. program, as well as ongoing support to mentees in order to ensure their continued educational, personal, and professional success.

## **Description of a Youth of Promise mentor**

A mentor is an individual who wants to have a positive impact on a young person's life. He or she is a trusted person who is caring and provides positive support. As a mentor, you will have the opportunity to provide access to people, places, and things outside the mentee's daily routine and environment. As a mentor you will use the Life Plan, a written statement of the goals of the young person, as an ongoing touch point for your mentoring relationship.

## Mentor qualities

- Caring
- Active listener
- Flexible, open, and approachable
- Dependable and enthusiastic
- Nonjudgmental attitude
- Committed
- Resourceful and able to support mentees as they strive toward their educational or career goals

## **Time commitment and Mentor responsibilities**

- Make a one-year minimum commitment.
- Meet in person with mentee for five (5) hours per month. Additional contact by phone or email is also allowed, as needed.
- Attend Basics of Mentoring training and ongoing training.
- Focus attention on the student's Life Plan.
- Participate in quarterly group mentoring activities.
- Communicate at least once a month with mentor coordinator.
- Attend program ceremonies, including a matching ceremony and National Mentoring Month celebration in January of every year.
- Provide all needed data for program evaluation.

#### Mentor eligibility requirements

- Over 21 years of age
- Complete an application
- Attend a face-to-face interview session
- Pass background check
- Satisfactory employment and/or personal reference checks

#### **Benefits**

- Guide young adults towards achieving their education and career goals, while gaining a new friend
- Experience the fulfillment of watching a young person grow, develop skill, and gain confidence
- Enhance growth by modeling good values and judgment
- Become a part of a new network of change agents
- Learn more about your community, its diversity and its future

Program Coordinator, Ricky Pickens 626.449-0839 ext.115/Ricky@Flintridge.org